

FAITH FORMATION ACTIVITIES

Church & Formal Religion

- Sunday Services
- Religious Education – all ages
- Small Group Ministry/Chalice Circles
- Pastoral Care- Giving and Receiving
- Committees, Church Boards,
- Lay Ministry/Worship Associates
- Choirs and Clubs

Pilgrimages & Evangelism

- Transylvania
- General and Regional Assemblies
- Youth Trips
- Selma, Stonewall, Seneca Falls
- Youth Faith Camps
- Sharing Your Faith with Others
- Going to the border or walking the desert

Rituals & Rites of Passage

- Holiday Rituals
- Life Events: Birth, Marriage, Divorce, Death, Coming of Age
- Joining Rituals, Membership Journey Classes
- Seasonal Rituals, Festivals and Earth Celebrations

Social Justice

- Writing Letters, Making Calls
- Protest and Public Witness
- Going to Government Meetings
- Volunteering at Social Justice Organizations
- Making Meals, Giving Rides

Spiritual Practice: The Spark for the Flame

- Breathing Intentionally
- Listening/Playing Music
- Drawing
- Cooking
- Exercise, Yoga
- Praying, Meditation
- Gratitude Practices
- Saying Grace and Blessings

